



# Growing and growing up

## A Cambridge Global Perspectives® Challenge

<b>Skill focus:</b> Communication	<b>Stage:</b> 1	<b>Age:</b> 5–6	<b>Topic:</b> People – young and old
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Learning objectives	Success criteria
<b>Communication</b>	
Answer questions with relevant information about a given topic	Learners answer teacher's questions about life as a grown up person, how hands change, and what it is like to be an older person with relevant information
Listen to others in class discussions and respond with simple questions	Learners listen to the responses from the elderly visitor and respond with comments and new questions
<b>Research</b>	
Ask basic questions about a given topic	<p>Learners begin to ask their own questions about growing up as they draw the three-stage pictures of themselves</p> <p>Learners ask critical questions (following teacher modelling) about being a child in a different country</p> <p>Learners ask new questions about aging as they prepare for the visit from the older person</p>

<b>Challenge summary</b>
By the end of this Challenge, learners will have developed their communication skills by sharing information, listening to the views of others and responding to thoughts and ideas related to growing up and getting older. Learners will also be developing an ability to think critically and ask insightful questions.

### Challenge resources

- Reading books on growing up. Suggested books, and accompanying questions, can be found in the Teaching Resources available from the Online Learning Area (these include questions that can be used with suggested reading books)
- A3 sheets of paper divided into three sections
- Materials for drawing/painting
- Recording device (optional)
- Handprints of people of different ages
- Older person from area or school as visitor



### Activities (sequence)

#### What does 'growing up' mean?



Begin with a group discussion on the topic of growing up, inviting learners to raise their own questions during the discussion:

What does it mean to 'grow up'? Are you growing up? How do you know? Can you remember being younger? How were you different then? Why do we need to grow up? Why can't we stay as children? How will you be different in a few years? Will you be able to do different things?

Take pre-prepared A3 sheets of paper that have been divided into three sections. Ask learners to draw three pictures of themselves showing: 1) What I could do when I was young; 2) What I can do now; 3) What I will be able to do when I am older. Allow learners to draw pictures or write words or sentences. As they are doing the activity, invite them to think carefully about the things that we are able to do as we grow older. Invite learners to share and talk about their pictures in a group; some learners may like to use technology to record themselves talking about growing up. End the session by reading a book about growing up (Teacher Resource – Growing and growing up T1.1).

## How do our hands change as we grow older?



Ask learners to look closely at their hands. Invite them to talk about the lines and patterns they can see on their palms and fingertips. Ask them to compare their hands with someone else's. Ask them to try and find someone who has hands that are smaller / larger / the same size as theirs. Discuss:

Are your hands (in the class) all the same size? Why not? Have your hands grown since last year? Are they much smaller than mine (or another adult's)?

Invite learners to think about growth and how they are getting physically bigger each year. Then ask them to make handprints with paint. With support, learners cut these out and leave them to dry. Bring in some handprints of younger and older people – learners compare them. All the handprints can be compared:

How old do you think this person is? How is their handprint different from this one? What can people do with their hands (for example, what can a baby do)? What can you do with your hands? Can you do the same thing with both hands? (Try writing/drawing with each hand.)

Facilitate a discussion about what we are able to use our hands for as we grow older. Depending on the class, this may lead to a discussion about using our hands for doing good things (e.g. helping others) or bad things (e.g. stealing):

How can we use our hands to help other people who live near to us?

## What is it like to be an older person?



Discuss the idea of getting older and what it means to be 'old'. In particular, encourage learners to think about the positive aspects to aging and possible difficulties faced by elderly people:

What does it mean to be 'old'? How do you know if someone is old/elderly? What must it feel like? What kind of difficulties might an elderly person have? Do you know any elderly people? Do any elderly people live near you? How can we help the elderly people who live near us? Are there any advantages / good things about being old? How must it feel to have lived a long life?

(You will have already arranged for an older person to visit the class during the next session. It is important that the visitor feels comfortable talking to children of this age about their life and the advantages and difficulties of getting older. The visitor could even be someone who works in the school.)

Tell learners that the visitor will be in their class in the next session and this is their opportunity to talk to them about their life and what it is like being an older person. Learners prepare for this visit by preparing a set of questions to ask. The questions should come from learners, but you can encourage them to ask the visitor about their life, experiences, and interests, the advantages to being elderly and limitations of being elderly. Write out the questions for the learners, or they can write the questions themselves.

During the second half of the activity, ask learners to prepare a 'gift' for the visitor; this can be a drawing or a piece of writing. Tell learners that they should prepare something that they feel an elderly visitor would like:

What kind of drawing (or writing) do you think an elderly visitor would like to receive? Why?

## Discussion with an older person



Introduce the visitor to the learners. Give the visitor time to talk a little about themselves, then allow learners to ask questions. Learners can use the prepared questions, but it would also be good if they can ask new questions that respond to the discussion they are having. When this session has come to a natural end, ask learners to give the visitor the gifts they have prepared. They can explain their pictures/presents as they give them to the visitor. Learners could draw/write other gifts while they are waiting their turn. Afterwards, you could read a book with the learners about an older person (for some ideas see Teacher Resource – Growing and growing up T1.2).

## What is it like growing up in a different country?



Talk to learners about the fact that they have been learning about growing up and getting older, and move the discussion to explore the fact that they are growing up in a particular environment/country. Depending on the class, begin to talk about the home countries of learners. If learners have recently moved from another country they might be able to talk about differences in things like the school environment.

Following this, introduce learners to a book about a child living in a different country (see Teacher Resource – Growing and growing up T1.3 for an example). Use this to stimulate discussion about the ways in which the learners' lives are different to the child in the story. Learners could find photos on the internet with the help of the teacher or an adult, and make an electronic presentation about children around the world, or could do a writing/drawing activity.

## What would you like to do when you grow up?



Ask learners for their thoughts about what they would like to do when they grow up.

Have a selection of props prepared such as dressing-up clothes, paper, and pens. In groups, ask learners to prepare a short play/show/presentation, showing what they might do when they grow up. (Note – the value in this activity is the communication of thoughts and ideas during the show, rather than the actual performance itself.) Learners could video each other doing this and then watch back as a nice way to use technology to record ideas.

## Resources – available from the Online Learning Area

Teacher Resource – Growing and growing up T1.1  
Teacher Resource – Growing and growing up T1.2  
Teacher Resource – Growing and growing up T1.3



Personal



Local



Global

This Global Perspectives Challenge has been designed to be flexible and should be adapted to school requirements and the needs of your learners. Further guidance and support for planning is given in the Teacher Guide.

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