

WP 2.2 FRUIT IN THE PREVENTION OF OVERWEIGHT

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Other participants	DCS (Danish Cancer Society)-Denmark
OBJECTIVES	
<p>This WP aims to determine the efficacy of increased fruit consumption in weight management.</p> <ol style="list-style-type: none">1. To establish the logistics and power for an intervention study in healthy adults on the efficacy of free fruit campaigns on body weight management2. To carry out a prospective cohort study on the effects of enrolment in a workplace fruit campaign on weight management (if feasible and sufficiently powered)	
TASKS	
<p>Task 2.2.1. Pilot study on fruit intake and weight management</p> <p>Task 2.2.2. Full cohort study on fruit intake and weight control</p>	