



# **PLEASE SHARE**

- Your name.
- How do you think you learn best.
- What kind of presentations techniques really get to you during a class room.

The VARK **Questionnaire Your VARK Results** 

- Aural 6
  Read/Write 5

You have a multimodal learning preference. (VARK)



# By end of this workshop, you will ...

- · Gain insight into your preferred learning styles
- Discover the different varieties and flavors of learning styles
- · Learn how to incorporate them in a class room

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### What is a learning style?

Learning styles are various approaches of *taking in*, *organizing* and *processing* stimuli or information.

They involve educating methods, particular to an individual, that are presumed to allow that individual to <u>learn best</u>.



# Discover your personal learning style

- Take ~ 5 min to fill out this quiz:
  - www.vark-learn.com/english/page.asp?p=questionnaire
- Key is at the end.



# **Matching learning styles**

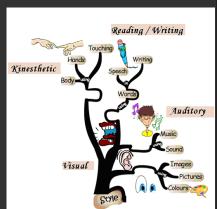
- Find people who scored the highest in the same category as you
  - Get together and discuss ways you prefer to learn
  - Generate a list to answer the following:
    - What kind of class activities/presentations appeal to you?
    - How do you prefer to study?



# **Overview of different styles**

### Fleming's VARK model

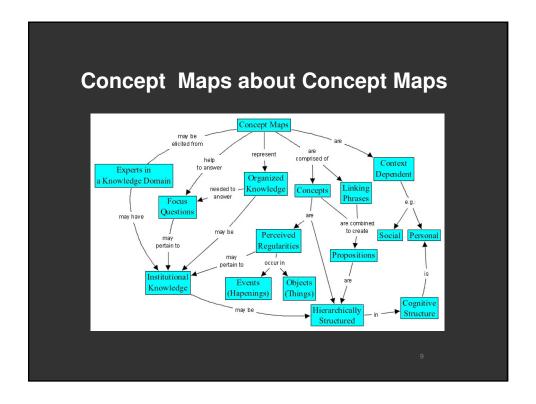
- 1. Visual learners
- 2. Auditory learners
- 3. Reading/writing-preference learners
- 4. Kinesthetic learners





### **Visual Learners**

- Pictures, plots, charts, diagrams
- Films, demonstrations
- Memorize by visualizing the information (e.g. words)
- Like making illustrations in notes
- · Concept maps.





# **Auditory Learners**

- Listening to lectures, not reading books
- Listening to music, etc while studying
- Reading out aloud to themselves
- Oral exams

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#### **Read/Write Preference**

- Written explanations
- Reading books
- Written notes
- Post-it everywhere

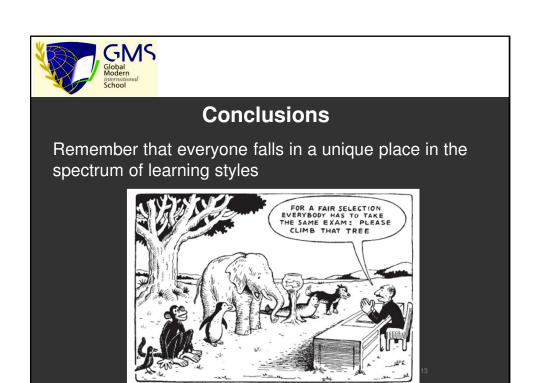
NB: Many don't include this as a separate category and call the rest as VAK model

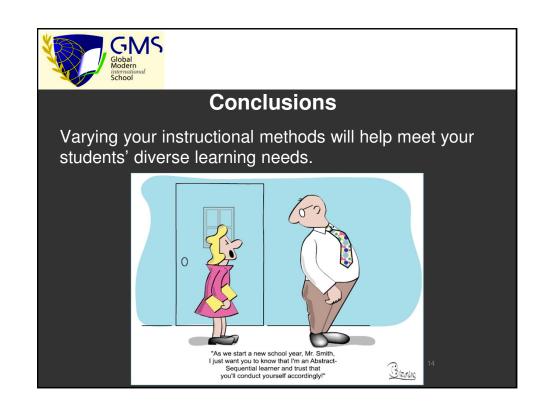


### Kinesthetic Learners

- Learn by doing things
- Have difficulty sitting passively through lectures
- Move around while revising things
- Like experiments, group activities etc.

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# **Conclusions**

- •Don't change everything!
- People are a mix of various styles.
- •Just try one unique activity at a time and see what works best for you and your class.

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