



Figure 5 Force-field analysis. A problem is defined in terms of how things currently are and how you want things to be in the future. Driving forces (bicycle) work for change, whereas restraining forces (brick walls) maintain the status quo or pull events back to an earlier state. Driving forces must scale or drill through defenses and exert damage control. The vision of the future is strongly imbedded in a values system.

from: Heinze-Fry, J.A. 1996. *Critical Thinking and the Environment: A Beginner's Guide for Living in the Environment*. Wadsworth Publishing Co. Belmont, California.