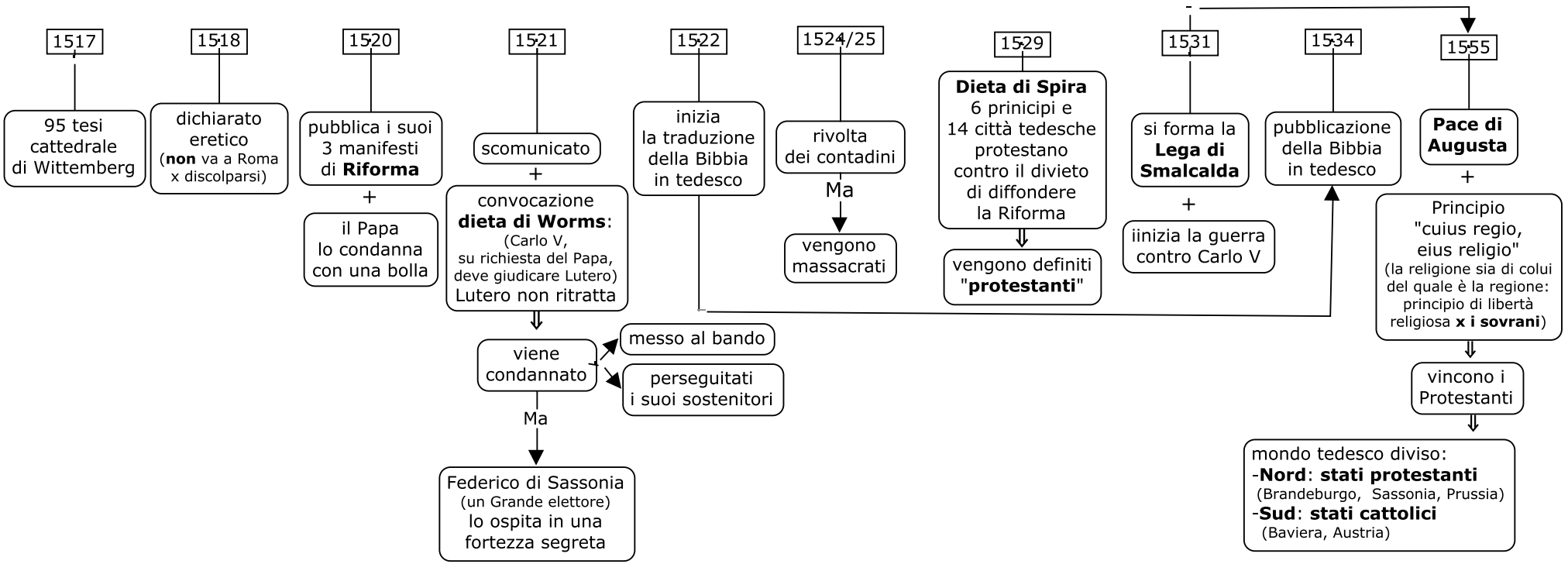Le tappe della Riforma